



PRINCESS PATTERN

A daily guide to cruise activities 

AT SEA • SUNDAY, SEPTEMBER 18, 2005 • SUN PRINCESS
Sunrise 7:47am • Sunset 7:59pm • Tonight's Dress: Smart Casual

Sun Princess Navigation

Sun Princess boasts a fully integrated navigational bridge equipped with state-of-the-art electronic navigational systems, including Radar, Electronic Charts, Precise Gyro Compasses, Doppler Logs, Echo Sounders, Radio and Satellite Communications. Under the command of the Captain the bridge is manned 24 hours a day by a team of six experienced watchkeepers.

The bridge team communicate and work continuously with their colleagues in the Engine Control Room. Between them, these technical teams ensure that the ship is safely operated at all times.

In addition to the integrated navigation control system, the bridge team manages our unique safety management system which continually "watches" a multitude of sensors around the ship (including those in your stateroom). In addition, the ship's security surveillance systems are also monitored continuously from the bridge.

Spotlight on....The Floating Art Gallery

The open, expansive public areas aboard Sun Princess lend themselves to exhibiting large scale sculptures and murals and once again, Princess has invested millions of dollars procuring original contemporary artwork.

Peter Layton, Sam Terry, Pierre Montant, John Alexander, John Perry and Deborah Brown are just a few of the artists who have helped to make Sun Princess the masterpiece she is. Like Golden, Grand, Island, Dawn, Star and Coral, Sun Princess continues to break new ground with her Art Program. The Sun Class ships and their floating art galleries stand together as testament to Princess Cruises' commitment to culture.



Captain's Circle Membership Enquiries Desk

9:00am to Noon — If you have cruised with Princess, P&O or Sitmar before and you have a BLUE Card or you are not sure of your number come and see Pamela your Captain's Circle Hostess on deck 5 in the Atrium.

Personal Choice Dining Marquis Dining Room, Deck 5



If you wish to dine at an exact time, or with a group of friends, please call our Dining Hot Line, extension 3463, between the hours of 8:00am and 5:30pm to make a reservation. Reservations are held for 15 minutes only.

FROM THE NAVIGATOR



After our departure from Cabo San Lucas yesterday evening, on clearing the southern most tip of Cabo Falso, which is the most southern point of the Baja California a south easterly course was set to cross the entrance of the Gulf of Baja California. We will maintain a southeasterly course throughout the day to make good our arrival in Acapulco tomorrow morning around 8:00am.

SAY IT WITH FLOWERS....



Show your loved one how much you care. Let our Florists expertise help you express your true feelings. Flowers can be ordered via the Purser's Desk on Deck 5 or visit our onboard florist who will be in the forward foyer on Plaza Deck 5 from 5:00pm-8:00pm

MEDICAL CENTRE





The Medical Centre is situated on Deck 4, access via starboard forward elevator or stairs near Purser's Desk, Deck 5

Office Hours Today
10:00am to noon
4:30pm to 6:30pm

For urgent medical attention
please dial 911

DAYTIME ACTIVITIES

- 8:00am Daily BRAIN WAVES QUIZ**
Pick up your daily teasers. *Bayview Reading Room, Deck 7*
- 8:45am INTERDENOMINATIONAL CHURCH SERVICE**
As we do not have a clergy onboard, we kindly ask that a fellow passenger conduct the service. All amenities will be provided. *Vista Lounge, Deck 7*
- 9:00am-Noon CERAMICS@SEA**
with the Entertainment Staff (Materials & Fees Vary)
Outside Vista Lounge Port Side, Deck 7 Aft
- 2:00pm to 4:00pm LIFE ENHANCEMENT SEMINAR**
With art historian William Murray. Today "Who Covered the Nudity in Michaelangelo's Last Judgment."
Princess Theatre, Deck 7 Fwd
- 9:15am BASKETBALL SHOOTOUT**
Join the Cruise Staff. *Sports Court, Deck 15 Aft*
- 10:00am BRIDGE LECTURE**
With Dianna & Stanley Ogden. *Shooting Stars, Deck 7*
- 10:00am ADULTS TABLE TENNIS COMPETITION**
Join Lindsay of the Cruise Staff as he arranges the games.
Deck 12 Fwd Portside
- 10:15am MORNING TRIVIA CHALLENGE**
With Julie of the Cruise Staff (maximum of 6 to a team).
Atrium Lounge, Deck 7
- 10:15am READY, STEADY, COOK**
Join our Executive Chef Michael and Chief Patissier Giovanni for a fun filled cooking demonstration. Also pickup your copy of the Princess Cruises Cookbook "Course" for the special price of \$28.
Vista Lounge, Deck 7 Aft
-  followed by **TOUR OF THE GALLEY**
A behind-the-scenes insight of our culinary production domain... Pick up a copy of our award-winning Cookbook "Courses" at a special price of \$28 signed by our Executive Chef Michael & Maitre D' Jacques. *Vista Lounge, Deck 7 Aft*
- 11:00am SHUFFLEBOARD COMPETITION**
Join Adrian of the Cruise Staff. *Portside, Deck 14 Aft*
- 11:00am VETERANS GET-TOGETHER**
With Mark of the Cruise Staff. *La Patisserie, Deck 5*
- 11:00am TOUR AND TRAVEL TALK FOR PUNTARENAS**
Join your Port & Shopping Advisor, Dan for an indepth look into Puntarenas, Costa Rica. Learn how to maximize your time ashore and make this port of call one of the highlights of your vacation with us. Highly recommended that one guest from each party attends this talk. *Princess Theatre, Deck 7 Fwd*
- 11:15am**  **\$\$ SNOWBALL JACKPOT BINGO \$\$**
\$1,700 Snowball Jackpot! If won within 52 numbers. Bingo cards go on sale at 10:15am. Join Gavin & Kara.
Vista Lounge, Deck 7 Aft
- 11:15am BACKGAMMON TOURNAMENT**
With the Cruise Staff. *Atrium Lounge, Deck 7*
- 11:30am to 3:30pm LUNCHEON BUFFET**
Executive Chef Michael Borns' food specialties.
Horizon Court, Deck 14
- Noon LIFE ENHANCEMENT SEMINAR**
With Economics expert Tom McAllister. Today's topic "Estate Planning."
Princess Theatre, Deck 7
- Noon GOLF PUTTING TOURNEY**
Join your Cruise Staff. *La Patisserie, Deck 5*
- Noon-3:00pm THE CALYPSO SOUNDS OF 'TIDAL WAVE'.**
Riviera Deck 12
- 4:00pm-5:00pm FRIENDS OF DR. BOB AND BILL W. MEETING**
Shooting Stars, Deck 7
- 1:30pm to 2:30pm AFTERNOON MELODIES**
With Heather. *Atrium Lounge, Deck 5*

- 1:30pm ART AUCTION EXTRAVAGANZA!!!**
Come see Matt and Sandra auction off 200 new pieces of fine art. All art is 50% below suggested retail prices on land. Art Gallery will be staffed from 7:30pm to 8:15pm.
Wheelhouse Lounge, Deck 7
- 2:00pm Pictionary**
Join Lisa of the Cruise Staff for this fun game of win, lose or draw.
Atrium Lounge, Deck 7
- 2:00pm LIFE ENHANCEMENT SEMINAR**
With motivational lecturer Elaine Moran. Today "Practice Mystery Shopping"
Princess Theatre, Deck 7 Fwd
- 2:00pm to 4:00pm BRIDGE PLAY**
With Dianna & Stanley Ogden. *Shooting Stars, Deck 7*
- 2:00pm ADULTS ARTS & CRAFTS**
Join our art & craft lecturers Valerie & Pamela for today's project.
Atrium Lounge, Deck 7
- 2:00pm COUPLES TEACHING CLASS**
For only \$49 you and your partner can learn how you can alleviate tension and back pain through massage techniques and receive a massage oil to take home. *Lotus Spa, Deck 12*
- 3:00pm MASONIC GET-TOGETHER** *La Patisserie, Deck 5*
- 3:00pm LINE DANCING MANIA**
With Kara of the Cruise Staff. *Riviera, Deck 12*
- 3:15pm AFTERNOON MOVIE: ROBOTS**
Voices of: Ewan McGregor, Halle Berry, Robin Williams
Rated: PG (Animation) Duration: 90 mins.
Princess Theatre, Deck 7 Forward
- 3:15pm**  **COMPLIMENTARY BALLROOM DANCE CLASS**
Join Lisa and learn the 'Merengue'. *Vista Lounge, Deck 7 Aft*
- 3:30pm GOLF CHIPPING TOURNAMENT**
Join Adrian of the Cruise Staff and go for the gold!
Top Pool, Deck 12
- 3:30pm AFTERNOON TEA**
Music by Heather. *Regency Dining Room, Deck 6*
- 4:00pm**  **\$\$ SNOWBALL JACKPOT BINGO \$\$**
\$1,800 Snowball Jackpot! If won within 52 numbers. Bingo cards go on sale from 3:00pm. Join Lindsay & Julie.
Vista Lounge, Deck 7
- 4:00pm WATER VOLLEYBALL PLAY**
Join your fellow passengers, the Cruise Staff get you started.
Deck 12 Upper Pool
- 4:00pm FRIENDS OF DOROTHY GET-TOGETHER**
Sundowners Deck 14 Aft
- 4:00pm TRIVIA CHALLENGE**
With Adrian of the Cruise Staff. *Atrium Lounge, Deck 7*
- 4:30pm THE ART OF MARGERITA MAKING**
Join us poolside for this fun demo with your friendly Bartenders.
Riviera, Deck 12
- 4:30pm to 6:00pm MEXICAN COCKTAIL HOUR**
Margaritas, Mexican Beer and a taste of Mexican Buffet.
Riviera, Deck 12
- 5:00pm PADDLE TENNIS**
With Dave of the Cruise Staff. *Sports Court, Deck 15*
- 5:00pm to 9:00pm PRE-DINNER MELODIES**
Anatolie & Heather. *Grand Plaza Atrium, Deck 5*
- LIBRARY OPENING HOURS**
- 9:00am-Noon & 4:00pm-6:00pm**
THE LIBRARY IS OPEN *Bayview Reading Room, Deck 7*
- PRINCESS LINKS GOLF SIMULATOR**
- 9:00am-Noon & Stateroom charge of \$20 per half hour applies.**
2:00pm-6:00pm *Princess Links, Deck 12*

LOTUS SPA COMPLIMENTARY SEMINARS

9:30am	Time for New Skin Seminar	<i>Lotus Spa, Deck 12 Aft</i>
11:15am	Cellulite Solutions	<i>Lotus Spa, Deck 12 Aft</i>
Noon	Having a Bad Hair Day	<i>Lotus Spa, Deck 12 Aft</i>
3:00pm	Cleopatra's Bronzing Secret	<i>Lotus Spa, Deck 12 Aft</i>

STEINER'S LOTUS HEALTH AND FITNESS PROGRAM

7:00am	Walk-A-Mile	<i>Promenade, Deck 7</i>
8:00am	Oz Aerobics Class	<i>Aerobics Studio, Deck 12 Aft</i>
9:00am	Pathway to Yoga (\$10 fee)	<i>Aerobics Studio, Deck 12 Aft</i>
10:00am	Lotus Spa Seminar Series: Are you getting better with age?	<i>Aerobics Studio, Deck 12 Aft</i>
3:00pm	Upper Body Conditioning	<i>Aerobics Studio, Deck 12 Aft</i>
4:00pm	Pulse Group Cycling Class (\$10 fee)	<i>Aerobics Studio, Deck 12 Aft</i>
5:00pm	Lotus Fusion Class: Stretch and Relaxation Class	<i>Aerobics Studio, Deck 12 Aft</i>

COMPUTERS@SEA

9:00am	Excel for Beginners	<i>Internet Cafe, Deck 7</i>
10:00am	Make Excel Work for You	<i>Internet Cafe, Deck 7</i>
11:00am	Create A Letter Using Word	<i>Internet Cafe, Deck 7</i>
2:00pm	Make Word Work for You	<i>Internet Cafe, Deck 7</i>
3:00pm	Microsoft Movie Maker	<i>Internet Cafe, Deck 7</i>
4:00pm	Photo Editing: Creating Panorama	<i>Internet Cafe, Deck 7</i>

STATEROOM TV

PRINCESS CHANNEL (Channel 21)

6:00am-10:00am	Good Morning Show
10:00am-Noon	The World of Art: Michael Goddard & Peter Max
Noon-4:00pm	Behind the Scenes of Sun Princess
4:00pm-On	Movie: The Interpreter

PRINCESS CHANNEL (Channel 25)

6:00am-9:00am	Port & Shopping Talk – Acapulco and Huatulco
9:00am-6:00pm	Adventures Ashore – Acapulco until Fort Lauderdale
6:00pm-On	Port & Shopping Talk – Acapulco and Huatulco



ADVENTURES ASHORE

Located on Plaza Deck, Deck 5 in the Atrium Lobby

Tour office hours: 9:00am–Noon and 3:00pm–6:00pm
Bookings for Acapulco close at 12Noon.
 No refunds or exchanges can be made after this time.

Those passengers wishing to book tickets should either stop by the office during opening hours or use the 24-hour drop box. Drop your order form there and tickets will be automatically sent to your stateroom.

PORT AND SHOPPING ADVISOR

4:00pm-5:00pm Your Port & Shopping Advisor, Dan is available by the Shore Tours Desk on deck 5.



TONIGHT'S ENTERTAINMENT

This evening's dress code is smart casual

Audio or video taping is prohibited due to copyright. No saving of seats please. Children not permitted in the front two rows. Last two rows reserved for passengers with limited mobility.

PRINCESS THEATRE

Promenade Deck 7 Forward

Showtime: 8:30pm
 (Final Repeat Performance)

SPOTLIGHT SHOWTIME : JULIE ANN GRACE

From America's Heartland

MC: Cruise Director Gavin Chandler

Musical Backing By: Nick Connell & The Sun Princess Orchestra

Showtime:
 10:30pm

MOVIE

SISTERHOOD OF THE TRAVELING PANTS

Starring: Amber Tablyn, Alexis Blede

Duration: 119 minutes

Rated: PG (Adventure Drama)

WHEELHOUSE BAR

Deck 7 Forward

Music with our resident bands for your dancing and listening pleasure

5:15pm to 9:15pm

THE BARNACLES

PLAY YOUR FAVORITE DANCE TUNES

9:15pm till late

THE MELODICS

MUSIC FROM THE 50'S TO THE 90'S

SHOOTING STARS NIGHTCLUB

Promenade Deck 7 Midship

Club opens at 9:00pm

and at 9:30pm

KARAOKE

followed by

NON STOP MUSIC

with DJ Rich

VISTA LOUNGE

Promenade Deck 7 Aft

Showtimes:
 8:30pm & 10:30pm

MARRIAGE GAME SHOW

JOIN JULIE
 FOR FUN & LAUGHTER AS WE
 FIND OUT HOW WELL YOU KNOW
 YOUR PARTNER

RENDEZ-VOUS WINE BAR

Promenade Deck 7
 5:00pm till late

**ENJOY OUR SELECTION
 OF FINE WINES**

PRE-ORDER YOUR CAVIAR
 AND CHAMPAGNE

ATRIUM LOUNGE

Promenade Deck 7 Midship
 9:00pm till late

BEN ROBERTS

WILL ENTERTAIN YOU WITH HIS
 UNIQUE PIANO PLAYING/SINGING
 WITH LOTS OF COMEDY



BOUTIQUES ONBOARD

Emerald Deck 6 9:00am to 9:00pm

EXCLUSIVELY PRINCESS! FASHION RINGS

Choose From Our Large Selection
Save An Extra **20% Off**
When You Buy 2 Or More Fashion Rings
9:00am to 2:00pm • Atrium, Deck 6

STOCK UP & SAVE! FRAGRANCE & COSMETICS

Save An Extra **15% Off**
Your Tax & Duty Free Purchase of **\$250 Or More**
(cannot be combined with other promotions)
Reflections, Deck 6

PRE ORDER YOUR SPIRITS TODAY! LIQUOR & TOBACCO

Save Up to **65% Off** U.S. Suggested Retail
Buy 3 Bottles Or More & Save An Extra **10%**
Buy 12 Bottles Or More & Save An Extra **15%**
(cannot be combined with other promotions)
Latitudes, Deck 6

We Will Match The Price On Any Identical Item



PHOTO & VIDEO GALLERY

Promenade Deck 7 Aft 5:00pm to 11:00pm

LIMITED SPECIAL OFFER

Have your photos printed onboard from our reusable Underwater Camera purchased at the Photo Gallery and receive 4x6 Frame Free (while stocks last)

BLACK & WHITE PHOTOGRAPHS TONIGHT ONLY
Deck 5 Atrium 5.30pm - 9.00pm



FINE ARTS

Wheelhouse Bar, Deck 7 (Preview 12:30pm) 1:30pm

ART AUCTION EXTRAVAGANZA!!! 1:30PM

Join Matt and Sandra in the Wheelhouse Bar at 1:30pm for 200 never-seen-before works of art. All works will be available at opening bids that are up to 50% off suggested retail gallery prices. We always have the best artists at the best prices and this art is available only to Princess Passengers. Come early to request your art to go up for bidding!

PREVIEW 12:30PM - 1:30PM • WHEELHOUSE BAR, DECK 7
\$2000 ART GIVEAWAY



LOTUS SPA & BEAUTY SALON

Riviera Deck, Deck 12 8:00am to 10:00pm, Tel:12702

HOT STONE MASSAGE

Using warm Balinese stones, this massage will take you to heaven and back! Working with the Chakra points of the body this amazing massage will balance your emotions and stress levels. Excellent for extremely stressed individuals or just relaxation.

TODAY ONLY \$125 SAVE \$50



FUTURE CRUISE SALES

Wheelhouse Bar, Deck 7 Fwd 10:00am-Noon & 3:00pm-7:00pm

THE NEW EXOTIC SEASON 2006/2007 IS NOW AVAILABLE!

Tahiti, Hawaii, Australia, Asia, are now open for booking. Time to reserve your space to get the best fare and best staterooms on the ships. Come and visit Leanne to see how easy it is to book. Your deposits are refundable.



GRAND CASINO

Dolphin Deck 8 Midship

Slot Machines: 9:00am until the wee hours
Gaming Tables: 10:00am until the wee hours

Introducing...Another one of our Blackjack variation games!
"FUN 21"

Try your luck on our \$5 min table all day every day
Just like Blackjack but with a twist!

All players 21's beat the dealers 21 • 3 sevens pays 3 to 2
6-7-8 pays 3 to 2 • 5 or more cards totaling 21 pays 3 to 2

Ask your friendly casino staff for a Lotto Scratch ticket.
Only \$1 each and you could win up to \$1,000 instantly.

Please note that the minimum age for anyone allowed in the casino is 21. Photo ID will be required. For your convenience you may charge your Casino chips or Slot Tokens to your shipboard account upon registration of a valid credit card at the Purser's Office (up to \$1,500 per day, \$5000 per cruise) A 3% Surcharge will be included. Cigar or Pipe smoking is not permitted in the Casino.



BAR NEWS & INFORMATION

Please check your "Quick Reference Card" for the hours of operation of the bars on board. This card can be found in your stateroom.

DRINK OF THE DAY MARGARITA

Today's mouth watering palate pleaser is a great combination of Tequila, Triple Sec and Margarita Mix thoroughly blended together by our experienced mixologists.
Regular \$3.25 - Medium \$4.95 - Large \$6.50

MARTINI OF THE DAY MARGARITINI - \$5.95

Gold Tequila, Cointreau, Roses Lime Juice
See our Martini Specialists Rosalindo in the Rendez-Vous Lounge or Vincent in the Wheelhouse Bar for a pre- or after-dinner drink
Including the V-Ball Martini Glass - \$8.00

MOCKTAIL OF THE DAY STRALADA - \$2.25

Pina Colada and Strawberry Mix

SHOOTER OF THE DAY BETWEEN THE SHEETS - \$2.95

White Rum, Brandy, Triple Sec and Sweet & Sour
INCLUDING THE SOUVENIR SHOOTER GLASS-\$5.00

MAITRE D' WINE SUGGESTION

Today our Maitre D' Jacques suggests two excellent wines:
Pouilly Fuisse and Chateauneuf du Pape

Alcohol will only be served to passengers over 21 years and older. Please understand that you may be requested to show legal identification confirming your age. Admission to the Night Club after 10:00pm is restricted to 18 years old and above.



PRINCESS CRUISES
escape completely™