



PRINCESS PATTERN

A daily guide to cruise activities 

AT SEA • FRIDAY, SEPTEMBER 16, 2005 • SUN PRINCESS
Sunrise 7:21am • Sunset 7:40pm • Tonight's Dress: Casual

Luxurious Days At Sea!

There's nothing like a day at sea for relaxing by the pool, reading a book in the library, practicing your shots in the golf links, browsing through the shipboard boutiques and taking part in the long list of organized activities listed inside. You can stay on the go throughout the day and into the night; but how you fill your time is up to you – that's the beauty of Personal Choice cruising.

Spotlight On ...Boutiques Onboard

The Boutiques on Board are exclusively owned and operated by Princess Cruises. Our buyer's shop all over the world selecting products for our discerning guests to ensure they meet the standards of quality, value, and the very best price available. The Sun Princess offers a unique shopping experience in 2 boutiques located on Deck 6.

Reflections features well known tax & duty free gift brands including Lladro, Swarovski and Zampiva to name a few. Fragrance and Cosmetics will be found at minimum savings of 30% off U.S. suggested retails. On show in our fine jewelry boutique, you will find a wide range of exclusive & competitively priced fine jewelry. Don't miss our beautiful selection of Tanzanite and meet our knowledgeable & friendly staff who are anxious to share their expertise. Princess Cruises offers a 5 year guarantee on all fine jewelry purchases onboard.

Latitudes is a must shop for all of your cruise memories, Princess and Island specific clothing, glassware and novelty items. We also carry essential items you might have forgotten to pack. Branded and exclusive Princess Labels are a unique and exciting feature in the women's apparel & accessories department. In addition, visit the Men's department for well known brands including Nautica.

Captain's Circle Membership Enquiries Desk

9:00am to Noon and 3:00pm to 4:00pm —
If you have cruised with Princess, P&O or
Sitmar before and you have a BLUE Card or
you are not sure of your number come and see
Pamela your Captain's Circle Hostess on deck
5 in the Atrium.

Sterling Steakhouse

Deck 14 Forward 6:00pm to 10:30pm



Celebrating an event or just want to
enjoy a great steak while watching
the scenery? From 6:00pm to 10:30pm you
can dine at the Sterling Steakhouse. For
reservations please dial 3463 between 8:00am
and 5:30pm daily. A \$15.00 per person cover
charge applies.

FROM THE NAVIGATOR



Yesterday, at approximately
2:00pm, we crossed the USA/
Mexico border as we continued on our
Southeasterly courses towards Cabo San
Lucas. Throughout the day we will
maintain our Southeasterly heading as
we follow the coast of Baja California.
We expect to board our Mexican Pilot at
7:30am tomorrow morning for our final
approach to Cabo San Lucas where we
anticipate dropping our anchor at
8:00am and shortly after will commence
our tender service ashore.

SAY IT WITH FLOWERS....



Show your loved one how
much you care. Let our florists
expertise help you express your true
feelings. Flowers can be ordered via
the Purser's Desk on Deck 5 or visit our
onboard florist who will be in the
forward foyer on Plaza Deck 5 from
5:00pm-8:00pm

MEDICAL CENTRE



The Medical Centre is situated
on Deck 4, access via starboard
forward elevator or stairs near Purser's
Desk, Deck 5

Office Hours Today



10:00am to noon

4:30pm to 6:30pm

**For urgent medical attention
please dial 911**

DAYTIME ACTIVITIES

- 8:00am Daily BRAIN WAVES QUIZ**
Pick up your daily teasers. *Bayview Reading Room, Deck 7*
- 9:00am-10:00am CLOSEST TO THE PIN**
Join the Cruise Staff and go for a hole in one (first 20 competitors complimentary). *Princess Links, Deck 12*
- 9:00am-Noon CERAMICS@SEA**
with the Entertainment Staff (Materials & Fees Vary)
Outside Vista Lounge Port Side, Deck 7 Aft
- 9:15am LIFE ENHANCEMENT SEMINAR**
With art historian William Murray. Today "Understanding Leonardo"
Princess Theatre, Deck 7 Fwd
- 10:00am SCRABBLE PLAY**
With Dave of the Cruise Staff. *Atrium Lounge Deck 7*
- 10:00am BRIDGE LECTURE**
With Dianna & Stanley Ogden. *Shooting Stars, Deck 7*
- 10:00am ADULTS TABLE TENNIS TOURNAMENT**
Join Mark of the Cruise Staff as he arranges the games.
Deck 12 Fwd Portside
- 10:30am LINE DANCING MANIA**
With Kara of the Cruise Staff. *Riviera, Deck 12*
- 10:30am CALIFORNIA SUSHI DEMONSTRATION**
Bear witness to the talents of our Galley Staff, as they show you all the secrets of Sushi and Wasabi! Hosted by Lindsay of the Cruise Staff. *Horizon Court, Deck 14*
- 10:30am LIFE ENHANCEMENT SEMINAR**
With Economics expert Tom McAllister. Today's topic "Investing on a Global Scale". *Princess Theatre, Deck 7*
- 11:00am SHUFFLEBOARD COMPETITION**
Join Lisa of the Cruise Staff. *Portside, Deck 14 Aft*
- 11:15am MORNING TRIVIA CHALLENGE**
With Julie of the Cruise Staff (maximum of 6 to a team).
Atrium Lounge, Deck 7
- 11:15am \$\$ SNOWBALL JACKPOT BINGO \$\$**
 \$1,500 Snowball Jackpot! If won within 51 numbers. Bingo cards go on sale at 10:15am. Join Gavin & Kara.
Vista Lounge, Deck 7 Aft
- 11:30am ICE CARVING DEMONSTRATION**
Join Arctic Artisan Jerry. *Riviera, Deck 12*
- 11:30am to 3:30pm LUNCHEON BUFFET**
Executive Chef Michael Borns' food specialties.
Horizon Court, Deck 14
- 11:45am LIFE ENHANCEMENT SEMINAR**
With motivational lecturer Elaine Moran. Today "Eat, Drink and Be Merry"
Princess Theatre, Deck 7 Fwd
- Noon RYDER GOLF QUALIFYING ROUND**
Join your Cruise Director Gavin & test your skill on our man made putting course.
La Patisserie, Deck 5
- Noon-1:30pm FRESH FRUIT JAMBOREE**
Visit our Riviera Pool Bar for an abundant Fresh Fruit Selection.
Riviera Pool Bar, Deck 12 Forward
- Noon-4pm THE CALYPSO SOUNDS OF 'TIDAL WAVE'.**
Riviera Deck 12
- 12:15pm FRIENDS OF DR. BOB AND BILL W. MEETING**
Shooting Stars, Deck 7
- 1:00pm EXOTIC GEMSTONE SEMINAR**
Join your Port & Shopping Advisor, Dan along with our onboard jewelry expert for an important & informative talk on exotic gemstones like Tanzanite, Ammolite and Alexandrite. This seminar will not be repeated on television.
Princess Theatre, Deck 7 Fwd
- 1:30pm to 2:30pm AFTERNOON MELODIES**
With Heather. *Atrium Lounge, Deck 5*

- 1:30pm CHAMPAGNE ART AUCTION TODAY**
(12:30pm Preview) All art shipped to the US is TAX AND DUTY FREE Free Champagne for all who attend. Art Gallery will be staffed from 7:30pm to 8:15pm.
Wheelhouse Lounge, Deck 7
- 2:00pm BRIDGE PLAY**
With Dianna & Stanley Ogden. *Shooting Stars, Deck 7*
- 2:00pm ADULTS ARTS & CRAFTS**
Join our art & craft lecturers Valerie & Pamela for today's project: (Luggage Tags Day 2) *Atrium Lounge, Deck 7*
- 2:00pm POOL GAMES**
Join the Cruise Staff and see who can make the biggest splash!
Riviera Pool, Deck 12
- 2:00pm SCAVENGER HUNT**
Join Mark of the Cruise Staff (Sign ups at 1:45pm).
Rendez Vous Lounge, Deck 7
- 2:00pm RED HAT SOCIETY MEMBERS**
Calling all members! (non-hosted)
La Patisserie, Deck 5
- 2:15pm WORLD OF PRINCESS CRUISES PRESENTATION**
 Join Leeanne for all of the new and exciting information for the EUROPE 2006 season, followed at 2:45pm for Alaska.
Princess Theatre, Deck 7 Fwd
- 3:00pm PRINCESS GRAPEVINE WINE TASTING**
 Sample our finest wines and learn how to choose a wine that will help enhance your dining experience. If you purchase a bottle of wine at the seminar you will receive a \$5 discount (one per Cruise Card)-Register at the Grapevine Hospitality Desk, Plaza Deck 5 from 10:00am-2:30pm.
Marquis Dining Room, Deck 5
- 3:00pm SCATTERGORIES**
Join Lindsay of the Cruise Staff. *Atrium Lounge, Deck 7*
- 3:15pm BASKETBALL FREE-THROW COMPETITION**
With Adrian of the Cruise Staff. *Sports Court, Deck 15 Aft*
- 3:15pm COMPLIMENTARY BALLROOM DANCE CLASS**
 Join Lisa and learn the 'Cha-Cha'. *Vista Lounge, Deck 7 Aft*
- 3:30pm AFTERNOON TEA**
Music by Anatolie. *Regency Dining Room, Deck 6*
- 3:45pm AFTERNOON MOVIE: WEDDING DATE**
Starring: Debra Messing & Dermot Mulroney
Rated: PG-13 (Romantic Comedy) Duration: 90 mins.
Princess Theatre, Deck 7 Forward
- 4:00pm \$\$ SNOWBALL JACKPOT BINGO \$\$**
 \$1,600 Snowball Jackpot! If won within 51 numbers. Bingo cards go on sale from 3:00pm. Join Gavin & Julie.
Vista Lounge, Deck 7
- 4:00pm WATER VOLLEYBALL**
With the Cruise Staff. *Upper Pool, Deck 12*
- 4:00pm THE ART OF COLADA MAKING**
Join us poolside for this fun demo with your friendly Bartenders.
Riviera, Deck 12
- 4:00pm TRIVIA CHALLENGE**
With Lindsay of the Cruise Staff. *Atrium Lounge, Deck 7*
- 5:00pm-9:00pm ATRIUM MELODIES**
Anatolie & Heather. *Grand Plaza Atrium, Deck 5*

LIBRARY OPENING HOURS

- 9:00am-6:00pm THE LIBRARY IS OPEN** *Bayview Reading Room, Deck 7*

PRINCESS LINKS GOLF SIMULATOR

- 9:00am-Noon & 2:00pm-6:00pm** Stateroom charge of \$20 per half hour applies.
Princess Links, Deck 12

LOTUS SPA COMPLIMENTARY SEMINARS

- 9:30am** Bright Eyes *Lotus Spa, Deck 12 Aft*
10:30am Fight The Fat Cell *Lotus Spa, Deck 12 Aft*
Noon Bad Hair Day *Lotus Spa, Deck 12 Aft*

STEINER'S LOTUS HEALTH AND FITNESS PROGRAM

7:00am	Walk-A-Mile	<i>Promenade, Deck 7</i>
8:00am	StepXpress Class	<i>Aerobics Studio, Deck 12 Aft</i>
9:00am	Upper Body Conditioning	<i>Aerobics Studio, Deck 12 Aft</i>
10:00am	Lotus Spa Seminar Series: Discover the ZONE DIET	<i>Aerobics Studio, Deck 12 Aft</i>
11:00am	Pulse Group Cycling Class (\$10 fee)	<i>Aerobics Studio, Deck 12 Aft</i>
3:00pm	Lotus Spa Seminar Series: Detox for Weight Loss	<i>Aerobics Studio, Deck 12 Aft</i>
4:00pm	Pilates Class (\$10 fee)	<i>Aerobics Studio, Deck 12 Aft</i>
5:00pm	KickBoXpress Class	<i>Aerobics Studio, Deck 12 Aft</i>
7:00pm	Pathway to Yoga Under The Stars (\$10 fee)	<i>Aerobics Studio, Deck 12 Aft</i>

COMPUTERS@SEA

9:00am	How To Upload Your Digital Pictures	<i>Internet Café, Deck 7</i>
10:00am	Photo Editing: Exploring the Toolbox	<i>Internet Café, Deck 7</i>
11:00am	Photo Editing: Using the Clone Tool	<i>Internet Café, Deck 7</i>
2:00pm	Photo Editing: Text Effects	<i>Internet Café, Deck 7</i>
3:00pm	Photo Editing: Working with Light and Color	<i>Internet Café, Deck 7</i>
4:00pm	Photo Editing: Background Effects	<i>Internet Café, Deck 7</i>

STATEROOM TV

PRINCESS CHANNEL (Channel 21)	
6:00am-10:00am	Good Morning Show
10:00am-Noon	The World of Art: Michael Goddard & Peter Max
Noon-4:00pm	Panama Canal Presentation
4:00pm-On	Movie: Longest Yard
PRINCESS CHANNEL (Channel 25)	
6:00am-9:00am	Port & Shopping Talk – MEXICO
9:00am-5:00pm	Adventures Ashore – ALL PORTS
5:00pm-8:00pm	Designer Showcase
8:00pm-On	Port & Shopping Talk – MEXICO



ADVENTURES ASHORE

Located on Plaza Deck, Deck 5 in the Atrium Lobby

Tour office hours: 9:00am–Noon and 3:00pm–6:00pm
Bookings for Cabo San Lucas close at 12Noon.
 No refunds or exchanges can be made after this time.

Those passengers wishing to book tickets should either stop by the office during opening hours or use the 24-hour drop box. Drop your order form there and tickets will be automatically sent to your stateroom.

PORT AND SHOPPING ADVISOR

3:30pm-4:30pm Your Port & Shopping Advisor, Dan is available by the Shore Tours Desk on deck 5.

TONIGHT'S ENTERTAINMENT

This evening's dress code is smart casual

Audio or video taping is prohibited due to copyright. No saving of seats please. Children not permitted in the front two rows. Last two rows reserved for passengers with limited mobility.

PRINCESS THEATRE

Promenade Deck 7 Forward

Showtime: 8:30pm
 (Final Repeat Performance)

CURTAIN UP

STARRING ROGER SULLIVAN, EMILY WALTER
 FEATURING THE SUN PRINCESS DANCERS

MC:
 Cruise Director Gavin Chandler

Showtime:
 10:30pm

MOVIE

MONSTER IN-LAW

Starring: Jennifer Lopez, Jane Fonda, Michael Vartan
 Duration: 101 minutes
 Rated: PG-13 (Romantic Comedy)

WHEELHOUSE BAR

Deck 7 Forward

Music with our resident bands for your dancing and listening pleasure

5:15pm to 9:15pm

THE BARNACLES

PLAY YOUR FAVORITE DANCE TUNES

9:15pm till late

THE MELODICS

MUSIC FROM THE 50'S TO THE 90'S

SHOOTING STARS NIGHTCLUB

Promenade Deck 7 Midship
 Club opens at 9:30pm

and at 11:30pm

NON STOP MUSIC

Are you between the ages of 21-35? Or travelling alone and want to make new friends? Join our DJ and your Cruise Staff for a great night of dancing & partying

VISTA LOUNGE

Promenade Deck 7 Aft

Showtimes:
 8:30pm & 10:30pm
 (Repeated Tomorrow at 8:30pm)

COMEDY SHOWTIME

STARRING:
 PIANIST • VOCALIST • RACONTEUR

MARTY HENNE

in
 I've Got Gershwin

MC's:
 Cruise Director Gavin Chandler
 and Sr. Asst. Cruise Director Julie James

RENDEZ-VOUS WINE BAR

Promenade Deck 7
 5:00pm till late

ENJOY OUR SELECTION OF FINE WINES

PRE-ORDER YOUR CAVIAR AND CHAMPAGNE

ATRIUM LOUNGE

Promenade Deck 7 Midship
 9:00pm till late

BEN ROBERTS

will entertain you with his unique Piano playing/singing with lots of comedy
 9:30pm

NAME THAT TUNE

With Ben & Julie



BOUTIQUES ONBOARD

Emerald Deck 6 9:00am to 9:00pm

GEMSTONES SEMINAR!

Join Lynette and Dan and learn all about
Tanzanite, Topaz, Ammolite & Alexandrites
1:00pm • Princess Theater, Deck 7 Forward

CONTEMPORARY WATCH EVENT

Guess, Fossil, DKNY & Kenneth Cole
Take **30% Off** On Selected Styles
(cannot be combined with other promotions)
9:00am till 1:00pm • Atrium, Deck 6

LOOSE GEMSTONES EVENT

Pink & Blue Topaz, Paraiba Topaz,
Citrine, Amethyst, Peridot, Garnet
Starting at **\$10 Per Carat**
Set Pieces in 14K White & Yellow Gold
3:00pm till 8:00pm • Atrium, Deck 6

We Will Match The Price On Any Identical Item



FINE ARTS

Wheelhouse Bar, Deck 7 (Preview 12:30pm) 1:30pm

CHAMPAGNE ART AUCTION : 1:30PM

Did you know that Princess Cruises is one of the largest distributors of Fine Art in the World? Last year, Princess Cruises passengers collected more pieces of art than sold at Christie's and Sotheby's - COMBINED! All of our art is up to 50% off suggested retail gallery prices. Join Matt and Sandra, your Art Directors, for the most fun, educational, and exciting activity all cruise - the Art Auction. Free Art Giveaway. Complementary Champagne Served!
**PREVIEW THE ART FROM 12:30PM - 1:30PM
AND THE GAVEL DROPS AT 1:30PM**
Art Gallery will be staffed from 7:30pm to 8:15pm



FUTURE CRUISE SALES

Wheelhouse Bar, Deck 7 Fwd 3:30pm-7:00pm

WHERE WILL YOUR NEXT VACATION BE?

See Leeanne in the Future Cruise Office.
All confirmed bookings made and deposited by 5:00pm September 26 go into the draw for a USD\$25 spending credit in the Boutiques Onboard Sun Princess. Departure dates available up until April 2007.



GRAND CASINO

Dolphin Deck 8 Midship

Slot Machines: 9:00am until the wee hours
Gaming Tables: 10:00am until the wee hours

BLACKJACK TOURNAMENT TONIGHT!!!

Come join in the fun with your Casino Host Maria
Play anytime between 7:30pm-11:00pm
Final starts at approximately 11:15pm
\$500 1st Prize, Only \$20 to enter
Purchase your tickets from our friendly Casino Cashiers
Lots of fun and great prizes to be won! Good luck!!!

Please note that the minimum age for anyone allowed in the casino is 21. Photo ID will be required. For your convenience you may charge your Casino chips or Slot Tokens to your shipboard account upon registration of a valid credit card at the Purser's Office (up to \$1,500 per day, \$5000 per cruise! A 3% Surcharge will be included.
Cigar or Pipe smoking is not permitted in the Casino.



PHOTO & VIDEO GALLERY

Promenade Deck 7 Aft 9:00am to 10:30pm

11X14 GOLD FRAME ONLY \$8
With Purchase of Formal Portrait
Special Clearance Price, Offer only while stocks last
BUY 5 PORTRAITS GET 1 FREE

We kindly request that groups over 10 people make a booking at the Photo Gallery. Also be aware that tonight we will be unable to shoot any groups over 10 people between 5:45pm & 6:45pm and between 7:15pm & 8:45pm



LOTUS SPA & BEAUTY SALON

Riviera Deck, Deck 12 8:00am to 10:00pm, Tel:12702

OCEAN SEAWEED MASSAGE

The power of Aromatherapy combined with the riches of the ocean. Indulge and de-stress your body - relieving muscular pain, tension, and arthritic inflammation. Reduces lactic acid and toxin build up in the muscles. 75 minute treatment - half body massage
\$155 WITH FREE FOOT AND ANKLE MASSAGE

CHAKRA STONE MASSAGE

This amazing 75 minute massage will have you totally relaxed and stress free. By using heated Balinese Volcanic stones we work down to the belly of the muscle increasing your circulation and removing lactic acid that causes stiff, sore muscles. The sense of the aroma, the heat of the stones and the balancing of Chakra points will evoke a lasting impression and give instant results and lasting benefits.
NORMALLY \$175 TODAY \$155



BAR NEWS & INFORMATION

Please check your "Quick Reference Card" for the hours of operation of the bars on board. This card can be found in your stateroom.

DRINK OF THE DAY

MELON COLADA

For this perfect day, your Sun Princess Bartenders have come up with the ideal way for you to sip back, relax and enjoy one of our favorite cocktails. Enjoy this magnificent blend of Melon Liquor & Pina Colada Mix
Regular \$3.25 - Medium \$4.95 - Large \$6.50

MARTINI OF THE DAY

CHAIRMAN OF THE BOARD - \$4.95

Grey Goose Vodka, Bombay Sapphire Gin and Cointreau
See our Martini Specialists Anchalee in the Rendez-Vous Lounge or Richard in the Wheelhouse Bar for a pre- or after-dinner drink
Including the V-Ball Martini Glass - \$8.00

MOCKTAIL OF THE DAY

PINEAPPLE DELIGHT - \$2.25

A delightful blend of Pina Colada Mix and Maraschino Cherries

NIGHT CLUB SHOOTER OF THE DAY

B-52

Kahlua, Baileys and Grand Marnier
INCLUDING THE SOUVENIR SHOOTER GLASS-\$5.95

MAITRE D' WINE SUGGESTION

Today our Maitre D' Jacques suggests two excellent wines:
Sauvignon Blanc Santa Carolina and Cabernet Sauvignon Wente

Alcohol will only be served to passengers over 21 years and older. Please understand that you may be requested to show legal identification confirming your age. Admission to the Night Club after 10:00pm is restricted to 18 years old and above.